

# Sunlight and the Skin

MANY MEDICATIONS, TOPICAL SOLUTIONS AND EVEN SOME FOODS CAN CAUSE THE SKIN TO BURN OR BREAK OUT IN A RASH WHEN EXPOSED TO ULTRAVIOLET LIGHT. THE CONSEQUENCES CAN RANGE FROM ITCHINESS TO AN UNCOMFORTABLE RASH AND BURNS.

IT IS CRITICAL THAT EVERY SALON OWNER POST A CHART OF PHOTOSENSITIVE MEDICATIONS AND AGENTS IN A CONSPICUOUS LOCATION. IF A CLIENT IS TAKING A MEDICATION THAT ISN'T LISTED, HE OR SHE SHOULD CONSULT WITH A PHYSICIAN OR PHARMACIST BEFORE BEING EXPOSED TO ULTRAVIOLET LIGHT—INDOORS OR OUTDOORS.

The most common photosensitizing materials are listed on the following pages. This is not a list of every material that could have photosensitizing effects. Before using the list, you should be aware of the following:

- NOT all individuals who use or take these medications will experience a photosensitive reaction. Also, an individual who experiences a photosensitive reaction on one occasion will NOT necessarily experience it again or every time.
- A medication will NOT cause the same degree of skin reaction in all individuals.

- Brand names of products should be considered only as examples; they do NOT represent all names under which the generic product may be sold.

The following list was prepared by Jerome I. Levine, M.S., R.Ph., of the U.S. Food and Drug Administration. The list was published under the title "Medications That Increase Sensitivity To Light: A 1990 Listing." The FDA has confirmed this list to be the most recent. The mention of commercial products, their sources or their use in connection with material reported herein is not to be construed as either an actual or implied endorsement of such products by the Department of Health and Human Services.

## Reported Photosensitizing Medications

Generic Name	Brand Name	Therapeutic Class
Acetazolamide	Diamox	Anticonvulsant, Antiglaucoma diuretic
Amiloride + Hydrochlorothiazide	Moduretic	Antihypertensive, Thiazide diuretic
Amiodarone	Cordarone (15%)	Antiarrhythmic
Amitriptyline	Elavil	Antidepressant (tricyclic)
Amitriptyline	Endep	Antidepressant (tricyclic)
Amoxapine	Asendin (<1%)	Antidepressant (tricyclic)
Astemizole	Hismanal	Antihistamine
Atenolol + Chlorthalidone	Tenoretic	Beta-adrenergic blocker, Thiazide diuretic
Auranofin	Ridaura	Antiarthritic, Gold compound
Azatadine	Optimine	Antihistamine
Azatidine + Pseudoephedrine	Trinalin Repetabs	Antihistamine, Decongestant
Bendroflumethiazide	Naturetin	Antihypertensive, Thiazide diuretic
Benzthiazide	Exna	Antihypertensive, Thiazide diuretic
Bromodiphenhydramine	Ambenyl	Antihistamine
Brompheniramine	Dimetane	Antihistamine
Captopril	Capoten	Antihypertensive
Captopril + Hydrochlorothiazide	Capozide	Antihypertensive, Thiazide diuretic
Carbamazepine	Tegretol	Analgesic, Anticonvulsant
Chlordiazepoxide + Amitriptyline	Limbital	Antidepressant (tricyclic), Tranquillizer
Chlorothiazide	Diuril	Antihypertensive, Thiazide diuretic
Chlorpheniramine	Chlorpheniramine	Antihistamine
Chlorpheniramine + D-Pseudoephedrine	Deconamine	Antihistamine, Decongestant
Chlorpheniramine + Phenylpropanolamine	Ru-Tuss II	Antihistamine, Decongestant
Chlorpromazine	Thorazine	Antiemetic, Tranquillizer
Chlorpropamide	Diabinese	Antidiabetic (oral), Sulfonylurea
Chlorprothixene	Taractan	Antiemetic, Tranquillizer
Chlorthalidone	Hygroton	Antihypertensive, Thiazide diuretic
Chlorthalidone	Thalitone	Antihypertensive, Thiazide diuretic
Chlorthalidone + Reserpine	Demi-Regroton	Antihypertensive, Thiazide diuretic
Chlorthalidone + Reserpine	Regroton	Antihypertensive, Thiazide diuretic
Ciprofloxacin	Cipro (<1%)	Anti-infective
Clemastine	Tavist	Antihistamine
Clofazime	Lamprene (<1%)	Antibacterial, Antileprosy agent
Clonidine Chlorthalidone +	Combipres	Antihypertensive, Thiazide diuretic
Coal Tar	Estar Gel	Antipsoriatic, Eczema
Coal Tar	Balmertar	Antipsoriatic, Eczema
Contraceptive, oral	Estrogen	Birth control pill, Female sex hormone

Cromolyn	Intal Inhaler	Antiasthmatic
Cyclobenzaprine	Flexeril	Anti-skeletal, Muscle spasms
Cyproheptadine	Periactin	Antihistamine, Antiserotonergic
Dacarbazine	DTIC-Dome	Anti-Hodgkin's disease, Antimetabolite
Danazol	Danocrine	Gonadotropin inhibitor
Demeclocycline	Declomycin	Antibiotic
Desipramine	Norpramin	Antidepressant (tricyclic)
Desipramine	Pertofrane	Antidepressant (tricyclic)
Dexchlorpheniramine	Polaramine	Antihistamine
Diclofenac	Voltaren (<1%)	NSAID, * Antiarthritic
Diffunisal	Dolobid (<1%)	NSAID, * Antiarthritic
Diltiazem	Cardizem (<1%)	Antianginal, Antihypertensive, Calcium channel blocker
Diphenhydramine	Benadryl	Antihistamine
Diphenylpyraline	Hispril Spansule	Antihistamine
Doxepin	Sinequan	Antidepressant (tricyclic)
Doxycycline	Vibramycin	Antibiotic
Doxycycline Hyclate	Doryx	Antibiotic
Enalapril	Vasotec	Antihypertensive
Enalapril + Hydrochlorothiazide	Vaseretic	Antihypertensive, Thiazide diuretic
Erythromycin Ethylsuccinate + Sulfisoxazole	Pediazole	Antibiotic
Estrogens	Contraceptive, oral	Female sex hormone
Estrogens	Estrogens	Female sex hormone
Ethionamide	Trecator-SC	Anti-infective, Antituberculosis
Etretnate	Tegison	Antipsoriatic
Floxuridine	FUDD Injectable	Antimetabolite, Antineoplastic
Flucytosine	Acobon	Antifungal
Fluorouracil	Adrucil	Antineoplastic
Fluorouracil	Efudex	Antineoplastic
Fluorouracil	Fluorouracil	Antineoplastic
Fluphenazine	Prolinx	Antipsychotic, Tranquillizer
Fluphenazine	Permitil	Antipsychotic, Tranquillizer
Flurbiprofen	Ansaid	NSAID, * Antiarthritic
Flutamide	Euflexin	Antimetastatic (prostatic carcinoma)
Furosemide	Lasix	Antihypertensive, Diuretic
Gentamicin	Garamycin	Antibiotic
Glipizide	Glucotrol	Antidiabetic (oral), Sulfonylurea
Glyburide	Diabeta	Antidiabetic (oral), Sulfonylurea
Glyburide	Micronase	Antidiabetic (oral), Sulfonylurea
Gold Salts (compounds)	Solganal	Antiarthritic, Gold compound
Gold Sodium Thiomalate	Myochrysin	Antiarthritic, Gold compound
Griseofulvin	Fulvicin U/F	Antibiotic, Antifungal

Generic Name	Brand Name	Therapeutic Class
Griseofulvin Ultramicrosized	Grisactin Ultra	Antibiotic, Antifungal
Guanethidine + Hydrochlorothiazide	Esimil	Antihypertensive, Thiazide diuretic
Haloiperidol	Haldol	Antipsychotic, Tranquillizer
Hexachlorophene	Phisohex	Antibacterial
Hydralazine + Hydrochlorothiazide	Apresazide	Antihypertensive, Thiazide diuretic
Hydralazine	Apresoline-Esidx	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide	Esidrix	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide	Hydrodiuril	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide	Oretic	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide	Oreticyl	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide + Triamterene	Dyazide	Antihypertensive, Thiazide diuretic
Hydrochlorothiazide	Maxzide	Antihypertensive, Thiazide diuretic
Hydroflumethiazide	Dlucardin	Antihypertensive, Thiazide diuretic
Hydroflumethiazide	Saluron	Antihypertensive, Thiazide diuretic
Hydroflumethiazide + Reserpine	Salutensin/ Salutensin-Demi	Antihypertensive, Thiazide diuretic
Ibuprofen	Advil (<1%)	NSAID,* Antiarthritic
Ibuprofen	Motrin (<1%)	NSAID,* Antiarthritic
Imipramine	Tofranil	Antidepressant (tricyclic)
Indapamide	Lozol	Antihypertensive, Diuretic
Interferon ALFA-2B	Intron A (<1%)	Antiviral agent
Isocarboxazid	Marplan	Antidepressant, MAO inhibitor
Isotretinoin	Accutane	Antiacne
Ketoprofen	Orudis (<1%)	NSAID,* Antiarthritic
Labetalol	Normodyne	Antihypertensive, Beta- and alpha-adrenergic blocker
Labetalol + Hydrochlorothiazide	Normozide	Beta- and alpha-adrenergic blocker, Thiazide diuretic
" "	Trandate HCT	Beta- and alpha-adrenergic blocker, Thiazide diuretic
Lisinopril + Hydrochlorothiazide	Prinzide	Antihypertensive, Thiazide diuretic
" "	Zestoretic	Antihypertensive, Thiazide diuretic
Lovastatin	Mevacor	Anticholesterol
Maprotiline	Ludiomil	Antidepressant
Meperidine + Promethazine	Mepergan	Narcotic analgesic
Mesoridazine	Serentil	Antipsychotic, Tranquillizer
Methacycline	Rondomycin	Antibiotic
Methazolamide	Neptazane	Antiglaucoma
Methdilazine	Tacaryl	Antihistamine, Antipruritic
Methotrexate	Folex	Antimetabolite, Antipsoriatic
" "	Methotrexate	Antimetabolite, Antipsoriatic
" "	Mexate & Mexate-AO	Antimetabolite, Antipsoriatic
Methyclothiazide	Aquatensen	Antihypertensive, Thiazide diuretic
" "	Enduron	Antihypertensive, Thiazide diuretic
Methyclothiazide + Deserpine	Enduronyl	Antihypertensive, Thiazide diuretic
Methyclothiazide + Reserpine	Diutensin-R	Antihypertensive, Thiazide diuretic
Methyldopa + Hydrochlorothiazide	Aldoril	Antihypertensive, Thiazide diuretic
Methyldopa + Chlorothiazide	Aldoclor	Antihypertensive, Thiazide diuretic
Metolazone	Diuro	Antihypertensive, Thiazide diuretic
" "	Mykrox	Antihypertensive, Thiazide diuretic
" "	Zaroxolyn	Antihypertensive, Thiazide diuretic
Metoprolol + Hydrochlorothiazide	Lopressor HCT	Beta-adrenergic blocker, Thiazide diuretic
Minocycline	Minocin	Antibiotic
Minoxidil	Rogaine	Hair growth stimulator
Nabilone	Cesamet	Antiemetic, Antinausea
Nadolol + Bendroflumethiazide	Corzide	Antihypertensive, Beta-adrenergic blocker
Nalidixic Acid	NegGram	Antimicrobial
Naprosyn	Anaprox	NSAID,* Antiarthritic
" "	Naproxen	NSAID,* Antiarthritic
Nifedipine	Adalat	Antianginal, Antihypertensive, Calcium channel blocker
" "	Procardia	Antianginal, Antihypertensive, Calcium channel blocker
Norfloxacin	Noroxin	Antibacterial
Nortriptyline	Pamelor	Antidepressant (tricyclic)
Oxytetracycline	Terramycin	Antibiotic
Perphenazine	Trilafon	Antipsychotic, Tranquillizer
Perphenazine + Amitriptyline	Etrafon	Antidepressant (tricyclic), Tranquillizer
" "	Triavil	Antidepressant (tricyclic), Tranquillizer
Phenylbutazone	Butazolidin	NSAID,* Antiarthritic
Phenylpropanolamine + Chlorpheniramine	Ornade Spansule	Antihistamine, Decongestant
Phenylpropanolamine + Pheniramine + Pyrilamine	Triaminic TR	Decongestant, Antihistamine
Phenytin	Dilantin	Anticonvulsant
Piroxicam	Feldene	NSAID,* Antiarthritic
Polythiazide	Renese	Antihypertensive, Thiazide diuretic
Prazosin + Polythiazide	Minizide	Antihypertensive, Thiazide diuretic
Prochlorperazine	Compazine	Antinausea, Anti-vomiting
Promethazine	Phenergan	Antihistamine
Propranolol + Hydrochlorothiazide	Inderide	Beta-adrenergic blocker, Thiazide diuretic
Protriptyline	Vivactil	Antidepressant (tricyclic)
Pyrazinamide	Pyrazinamide	Anti-infective, Antituberculosis
Quinethazone	Hydromox	Antihypertensive, Diuretic
Quinidine Gluconate	Quinaglute Dura-Tabs	Antiarrhythmic
Quinidine Sulfate	Quinidex Extentabs	Antiarrhythmic
" "	Quinora	Antiarrhythmic
Quinine	Quinamm	Antiprotozoal
Rauwolfia + Serpentina + Bendroflumethiazide	Rauzide	Antihypertensive, Thiazide diuretic
Reserpine + Chlorothiazide	Diupres	Antihypertensive, Thiazide diuretic
Reserpine + Hydrochlorothiazide	Hydropres	Antihypertensive, Thiazide diuretic
" "	Serpasil-Esidx	Antihypertensive, Thiazide diuretic
Reserpine + Hydralazine + Hydrochlorothiazide	Ser-Ap-Es	Antihypertensive, Thiazide diuretic
Selegiline	Eldepryl	Anti-Parkinsonism, MAO inhibitor
Spironolactone + Hydrochlorothiazide	Aldactazide	Antihypertensive, Thiazide diuretic
Sulfacytine	Renoquid	Antibiotic

Sulfadoxine + Pyrimethamine	Fansidar	Antimalarial, Antiprotozoal
Sulfamethizole + Phenazopyridine	Thiosulfil-A	Urinary analgesic, Antibiotic
Sulfamethoxazole	Gantanol	Antibiotic
Sulfamethoxazole + Phenazopyridine	Azo Gantanol (Generic only)	Antibiotic, Urinary analgesic
Sulfapyridine	Sulfapyridine	Dermatitis herpetiformis suppressant
Sulfasalazine	Azulfidine	Bowel anti-inflammatory
Sulfapyrazone	Anturane	Antigout agent, Antihyperuricemic
Sulfasoxazole	Gantrisin	Antibiotic
Sulfasoxazole + Phenazopyridine	Azo Gantrisin	Antibiotic, Urinary analgesic
Sulfone	Dapsone	Antileprosy, Antimalarial
Sunlindac	Clinoril (<1%)	NSAID,* Antiarthritic
Terfenadine	Seldane	Antihistamine
Tetracycline	Achromycin	Antibiotic
" "	Sumycin	Antibiotic
Thioridazine	Mellaril	Antipsychotic, Tranquillizer
Thiothixene	Navane	Antipsychotic, Tranquillizer
Timolol + Hydrochlorothiazide	Timolide	Beta-adrenergic blocker, Thiazide diuretic
Tolazamide	Tolinase	Antidiabetic (oral), Sulfonyleurea
Tolbutamide	Orinase	Antidiabetic (oral), Sulfonyleurea
Tretinoin	Retin-A	Antiacne (topical)
Triamterene	Dyrenium	Antihypertensive Diuretic
Trifluoperazine	Stelazine	Antipsychotic, Tranquillizer
Trifluromazine	Vesprin	Antiemetic, Antipsychotic
Trimeprazine	Temaril	Antipsychotic, Tranquillizer
Trimethoprim	Trimplex	Antibiotic
Trimethoprim + Sulfamethoxazole	Bactrim	Antibiotic
" "	Septra	Antibiotic
Trimipramine	Surmontil	Antidepressant (tricyclic)
Tripelennamine	PBZ	Antihistamine
Triprolidine	Actidil	Antihistamine
Triprolidine + Pseudoephedrine	Actifed	Antihistamine, Decongestant
Visblastine	Velban	Antieoplastic

\*Non-Steroidal Anti-Inflammatory Drug

## Other Photosensitizing Agents

Classification Or Use	Agent
Antifungals	Fentichlor, Jadit, Multifungin
Antimicrobials, antiseptics	Bithionol, Chlorhexidine, Hexachlorophene
Artificial sweeteners	Calcium cyclamate, Cyclamates, Sodium cyclohexyl-sulfamate
Coal tar and coal tar derivatives for psoriasis and chronic eczema and in hair shampoos	Anthracene, Many phenolic agents, Naphthalene, Phenanthrene, Pitch, Thiophene
Cosmetics and dyes	Acridine, Eosine, Erythrocin, Fluorescein, Methylene blue, Methyl violet, Orange red, Paraphenylenediamine, Rose bengal, Toluidine blue, Trypafavin, Trypan blue
Deodorant and bacteriostatic agents in soaps	Halogenated carbanilides, Halogenated phenols, Halogenated salicylanilides
Fluorescent brightening agent for cellulose, nylon or wool fibers	Blankophor
Melanogenics (urocoumarins)	Methoxyposoralens, Petroleum products, Psoralen
Perfumes and toilet articles (essential oils)	Ethereal oils, Musk ambrette, Oil of bergamot, Oil of cedar, Oil of citron, Oil of lavender, Oil of lemon, Oil of lime, Oil of rosemary, Oil of sandalwood
Perfumes, flavoring, spices	Rutaceae (plant), Umbelliferae (plant)
Tattoos	Cadmium sulfide

## Products

A few products also are known to make the skin more sensitive to UV light, such as halogenated salicylanilides and related compounds used as antibacterial agents in first-aid creams, acne preparations and deodorant soaps. Perfumes and colognes containing furocoumarins, compounds from natural products such as plants and fruits, have natural oils that can sensitize the skin to sunlight. Musk ambrette is used in some aftershaves and colognes and also has been found to cause skin reaction to UV light.

Some makeup products contain the following dyes, which can cause a reaction under UV light, another reason to make sure skin is clean before tanning. Certain food products also contain the following dyes.

Acridine	Fluorescin	Toluidine Blue
Anthracene	Methylene Blue, Violet, Orange and Red	Trypafavin
Cadmium Sulfide	Neutral Red	Trypan Blue
Eosin (found in lipstick)	Rose Bengal	
Erythrosin		

## Sunscreens With A Reported Photosensitizing Ingredient

6-Acetoxy-2, 4-dimethyl-m-dioxane	(Preservative in sunscreen)
Benzophenones	(Aramis, Clinique and others)
Cinnamates	(Aramis, Estée Lauder and others)
Oxybenzone	(Eclipse, PreSun and others)
PABA esters	(Eclipse, Block Out, Sea & Ski and others)
Para-aminobenzoic acid	(PABA-Pabagel, Pabanol, PreSun and others)

# Health Conditions

If your clients have any of the following conditions they should not tan without written consent from their physicians.  
(It is very unlikely that any doctor will permit tanning under these circumstances.)

Albinism  
Atinie Prurigo  
Dermatomyositis  
Lichen Rubber

Lung Tuberculosis  
Lupus Erythematosum  
Melasma  
Photoallergic Eczema

Polymorphous Light Eruption  
Porphria  
Related Allergies

Rosacea  
Solar Urticaria  
Sun Poisoning

Varix  
Vitiligo  
Xeroderma Pigmentosum

## ANTIDEPRESSANTS

clomipramine (Anafranil)  
isocarboxazid (Marplan)  
maprotiline (Ludiomil)  
mirtazapine (Remeron)  
sertaline (Zoloft)  
TRICYCLIC AGENTS, e.g.,  
Elavil, Asendin, Norpramin,  
Sinequan, Tofranil, Aventyl,  
Vivactil, Surmontil,  
venlafaxine (Effexor)

## ANTIHISTAMINES

astemizole (Hismanal)  
cetirizine (Zytec)  
cyproheptadine (Periactin)  
dimenhydrinate (Dramamine)  
diphenhydramine (Benadryl)  
hydroxyzine (Atarax, Vistaril)  
loratadine (Claritin)  
terfenadine (Seldane)

## ANTIMICROBIALS

azithromycin (Zithromax)  
griseofulvin (Fulvicin, Grisactin)  
\*nalidixic acid (NegGram)  
QUINOLONES, e.g.,  
Cipro, Penetrex, Levaquin, Floxin,  
\*Maxaquin, Noroxin, \*Zagam  
sulfasalazine (Azulfidine)  
\*SULFONAMIDES, e.g.,  
Gantrisin, Bactrim, Septra  
TETRACYCLINES, e.g.,  
\*Declomycin, Vibramycin, Minocin,  
Terramycin

## ANTIPARASITICS

\*bithionol (Bitin)  
chloroquine (Aralen)  
mefloquine (Lariam)  
pyrvinium parnoate (Povan, Vanquin) quinine

## ANTI-PSYCHOTICS

chlorprothixene (Taractan, Tarasan)  
haloperidol (Haldol)  
\*PHENOTHIAZINES, e.g.,  
Compazine, Mellaril, Stelazine, Phenergan,  
Thorazine  
risperidone (Risperdal)  
thiothixene (Navane)  
CANCER CHEMOTHERAPY  
\*dacarbazine (DTIC)  
fluorouracil (5-FU)  
methotrexate (Mexate)  
procarbazine (Matulane, Natulan)  
vinblastine (Velban, Belbe)

## CARDIOVASCULARS

(see also Diuretics)  
ACE INHIBITORS, e.g.,  
Capoten, Vasotec, Monapril, Accupril, Altace,  
Univas  
\*amiodarone (Cordarone)  
diltiazem (Cardizem)  
disopyramide (Norpace)  
losartan (Hyzaar)  
lovastatin (Mevacor)  
nifedipine (Procardia)  
pravastin (Pravachol)  
quinidine (Quinaglute)  
simvastatin (Zocor)  
sotalol (Betapace)

## DIURETICS

(see also Cardiovasculars)  
acetazolamide (Diamox)  
amiloride (Midamor)  
furosemide (Lasix)  
metolazone (Diulo, Zaroxolyn)  
\*THIAZIDES, e.g., HydroDiuril, Naturetin

## \*HYPOGLYCEMIC

**SULFONYLUREAS**  
acetohexamide (Dymelor)  
chlorpropamide (Diabinese)  
glimepiride (Amaryl)  
glipzide (Glucotrol)  
glyburide (DiaBeta, Micronase)  
tolazamide (Tolinase)  
tolbutamide (Orinase)

## NSAIDs

All non-steroidal anti-inflammatory  
drugs, e.g.,  
ibuprofen (Motrin),  
naproxen (Anaprox, Naproxyn),  
Orudis, Feldene, Voltaren, etc.  
The new NSAID agents include:  
etodolac (Lodine), nabumetone (Relafen),  
oxaprozin (Daypro)

## SUNSCREENS

\*benzophenones (Arimis, Clinique)  
cinnamates (Arimis, Estée Lauder)  
dioxbenzone (Solbar Plus)  
oxybenzone (Eclipse, PreSun, Shade)  
PABA (PreSun)  
\*PABA esters  
(Block Out, Sea & Ski, Eclipse)

## MISCELLANEOUS

benzocaine  
benzoyl peroxide (Oxy 10)  
carbamazepine (Tegretol)  
chlordiazepoxide (Librium)  
coal tar, e.g., Tegrin, Zetar)  
CONTRACEPTIVES, oral  
estazolam (ProSom)  
\*etretinate (Tegison)  
felbamate (Felbatol)  
gabapentin (Neurontin)  
gold salts (Myochrysin, Ridaura, Solganal)  
hexachlorophene (pHisoHex)  
hypericum (St. John's Wort)  
interferon beta-1b (Betaseron)  
\*isetretinoln (Accutane)  
masoprocol (Actinex)  
olsalazine (Dipentum)  
\*PERFUME OILS, e.g.,  
bergamot, citron, lavender, sandalwood,  
cedar, musk  
\*PSORALENS  
selegiline (deprenyl, Eldepryl)  
\*tretinoin (Retin-A, Vitamin A Acid)  
zolpidem (Ambien)

Note: Items with an asterisk (\*) are more likely to cause photosensitivity reactions. Overall, the drugs listed above cause reactions in less than 1% of patients. Tell clients who get an unusual "sunburn" or allergic or eczematous reaction in skin areas exposed to light to let their physician or pharmacist know about the problem and to discontinue exposure to UV radiation. Photosensitivity data from Pharmacists' Letter.

## Primary Class Of Medications Responsible For Photosensitizing Reactions

(examples by generic name)

## ANTIHISTAMINES

Astemizole  
Azatadine  
Brompheniramine  
Buclizine  
Carbinoxamine  
Cetirizine  
Chlorpheniramine  
Clemastine

Cyclizine  
Cyproheptadine  
Dexchlorpheniramine  
Dimenhydrinate  
Diphenhydramine  
Diphenylpyraline  
Doxylamine  
Hydroxyzine  
Loratadine  
Meclizine  
Methapyrilene  
Methdilazine  
Orphenadrine  
Pheniramine  
Promethazine  
Pyrilamine  
Terfenadine  
Trimeprazine  
Tripeleminamine  
Triprolidine

## COAL TAR AND DERIVATIVES

(examples by brand names)

Alphosyl  
Aquatar  
Denorex Medicated Shampoo  
DHS Tar Gel Shampoo  
DOAK Shampoo  
Estar  
lonil T Plus  
LAVATAR  
Medotar  
TDerm Tar Emollient  
Tegrin Shampoo  
T/Gel Therapeutic Shampoo  
Zetar Shampoo

## CONTRACEPTIVES, ORAL & ESTROGENS

(birth control pills,  
female sex hormones)

## ESTROGENS

Chlorotrianisene  
Diethylstilbestrol  
Estradiol  
Estrogens, conjugated  
Estrogens, esterified  
Estropipate

## PROGESTOGENS

Ethinyl estradiol  
Medroxyprogesterone  
Megestrol  
Norethindrone  
Norgestrel  
Quinestrol

## NSAIDs: NON-STEROIDAL ANTI-INFLAMMATORY DRUGS

(antiarthritics)

Diclofenac  
Diflunisal  
Fenoprofen  
Flurbiprofen  
Ibuprofen  
Indomethacin  
Ketoprofen  
Meclofenamate  
Naproxen  
Phenylbutazone  
Piroxicam  
Sulindac  
Suprofen  
Tolmetin

## PHENOTHIAZINES

(major tranquilizers, anti-emetics)

Acetophenazine  
Butaperazine  
Carphenazine  
Chlorpromazine

Ethopropazine  
Fluphenazine  
Mesoridazine  
Methdilazine  
Methotrimeprazine  
Perphenazine  
Piperacetazine  
Prochlorperazine  
Promazine  
Promethazine  
Propiomazine  
Thiethylperazine  
Thioridazine  
Trifluoperazine  
Trifluopromazine  
Trimeprazine

## PSORALENS

Methoxsalen  
Trioxsalen

## SULFONAMIDES

("sulfa" drugs, antimicrobials,  
anti-infectives)

Acetazolamide  
Sulfacytine  
Sulfadiazine  
Sulfadoxine  
Sulfamethizole  
Sulfamethoxazole  
Sulfapyridine  
Sulfasalazine  
Sulfispyrazone  
Sulfisoxazole

## SULFONYLUREAS

(oral anti-diabetics, hypoglycemics)

Acetohexamide  
Chlorpropamide  
Glipizide  
Glyburide  
Tolazamide  
Tolbutamide

## THIAZIDE DIURETICS

("water pills")

Bendroflumethiazide  
Benzthiazide  
Chlorothiazide  
Chlorthalidone  
Cyclothiazide  
Hydrochlorothiazide  
Hydroflumethiazide  
Methyclothiazide  
Polythiazide  
Trichlormethiazide

## TETRACYCLINES

(antibiotics, anti-infectives)

Chlortetracycline  
Demeclocycline  
Doxycycline  
Methacycline  
Oxytetracycline  
Tetracycline

## TRICYCLIC ANTIDEPRESSANTS

Amitriptyline  
Amoxapine  
Clomipramine  
Desipramine  
Doxepin  
Imipramine  
Isocarboxazid  
Maprotiline  
Mirtazapine  
Nortriptylin  
Protriptyline  
Sertaline  
Trimipramine