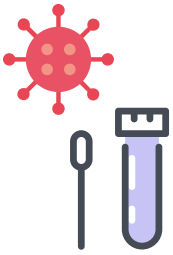


COVID-19 Mythbusters

1

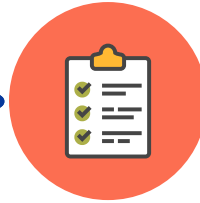
Myth



I do not have to take COVID-19 tests anymore.



Fact



When to take a COVID-19 test:

- If you have symptoms
- 5 days after a known exposure, even if you have no symptoms
- If you are in high-risk settings
- Before contact with someone at higher risk.

2

Myth



COVID-19 is not a big deal anymore.



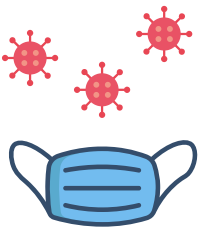
Fact



New strains of COVID-19 keep showing up. U.S. CDC recommends vaccination and following preventative measures.

3

Myth



COVID-19 is everywhere. There is no way to avoid getting sick.



Fact



There are many ways to help slow the spread of COVID-19.

- Wash your hands often
- Mask in public places
- Stay up to date with vaccines
- Disinfect/Sanitize areas that you use a lot



Talk with a healthcare provider if you have questions about COVID-19

U.S. CDC recommends staying up to date with COVID-19 vaccines for everyone 6 months and older.

Getting a COVID-19 vaccine can protect you and others around you from getting very sick from COVID-19.

