



# Acute Hepatitis C Maine Surveillance Report | 2018

## Case Information:

# 39

patients diagnosed with acute hepatitis C

# 2.9

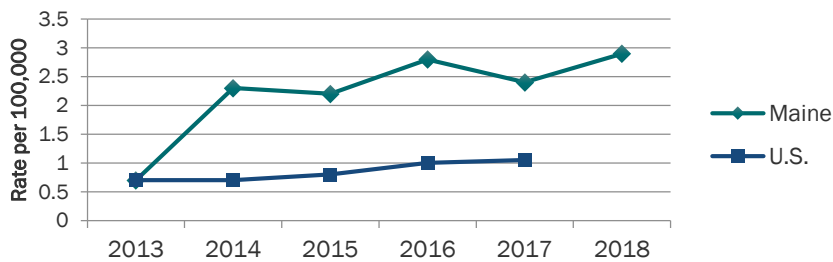
cases per 100,000 people

# 314%

increase since 2013

# 9<sup>th</sup>

Maine has the highest rate of acute hepatitis C in the US



## Demographics:



56% of patients were male

33 years old on average

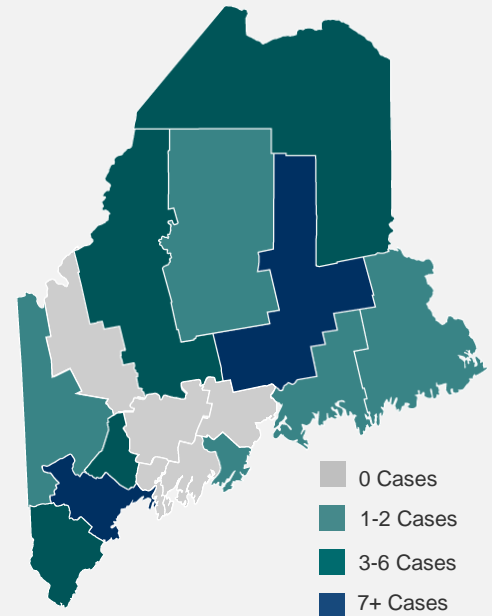
85% White

5% American Indian/Alaska Native

2% Black

8% Unknown

## Geography:



## Risk Factors:



# 51.3%

Were people who injected drugs



# 35.9%

Were incarcerated prior to infection



# 35.9%

Were people who used non-injection drugs



# 7.7%

Received an unlicensed tattoo prior to infection



# 7.7%

Were people with multiple sex partners

# Baby Boomers

# 5.1%

Were born between 1945-1965

## Contact Investigations:



• 31% of patients were hospitalized

- 97% of patients had symptoms
- 97% of patients had elevated liver enzyme lab results
- 44% of patients had jaundice

## Prevention:

- Do not share syringes or injection kit equipment
- Get tested for hepatitis C, especially if you are a person who injects drugs, were ever incarcerated, were born between 1945-1965, or received an unlicensed tattoo
- If you have hepatitis C, seek medical care
- Get vaccinated against hepatitis B, especially if you have hepatitis C

For more information visit:

<https://www.cdc.gov/hepatitis/hcv/index.htm>  
<http://www.maine.gov/dhhs/mecdc/infectious-disease/epi/hepatitis/index.shtml>