



# Acute Hepatitis B

## Maine Surveillance Report | 2021

### Case Information:

# 33

patients diagnosed with acute hepatitis B

# 2.4

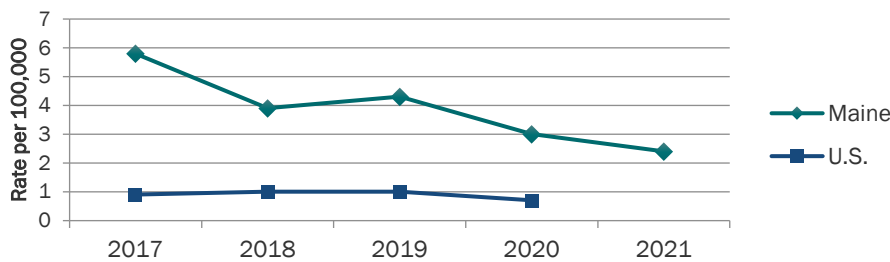
cases per 100,000 people

# 18%

decrease since 2020

# 2<sup>nd</sup>

Maine has the highest rate of acute hepatitis B in the U.S.



### Demographics:

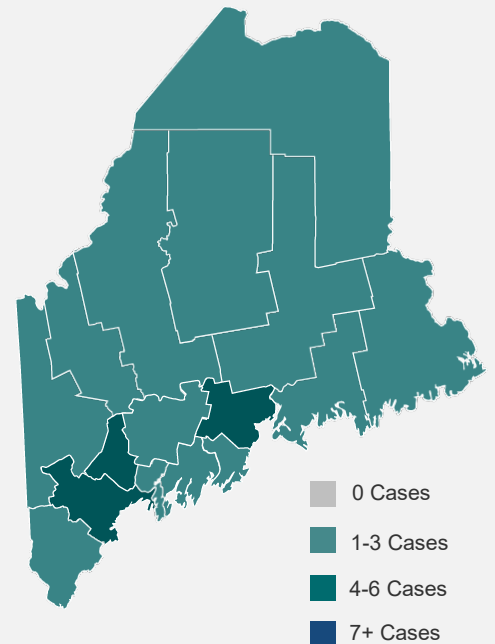


61% of patients were male

Median age of 46

91% White

### Geography:



### Risk Factors:



# 24%

Were people who injected drugs



# 45%

Were hospitalized



# 21%

Were people with multiple sex partners



# 21%

Were people who used non-injection drugs

### Contact Investigations:

- **97%** of patients had symptoms
- **100%** of patients had elevated liver enzyme lab results
- **73%** of patients had jaundice
- **None** of the patients were fully vaccinated

### Prevention:

- Get vaccinated against hepatitis A and B
- Do not share syringes or injection kit equipment
- Practice safer sex
- Do not share razors, toothbrushes, or tattooing or piercing needles
- Get tested for hepatitis B, especially if you are a person who injects drugs, were ever incarcerated, were born between 1945-1965, or received an unlicensed tattoo
- If you have hepatitis B, seek medical care

For more information visit:

<https://www.cdc.gov/hepatitis/hbv/index.htm>  
[www.maine.gov/dhhs/hepatitis](http://www.maine.gov/dhhs/hepatitis)