



# Varicella (Chicken Pox)

Maine Surveillance Report | 2019

## Case Information:

93

Patients diagnosed with varicella

6.92

Cases per 100,000 people

62%\*

decrease since 2018

## Demographics:

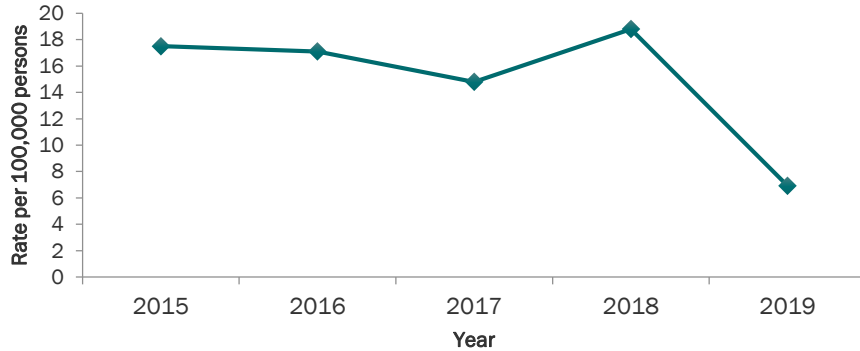
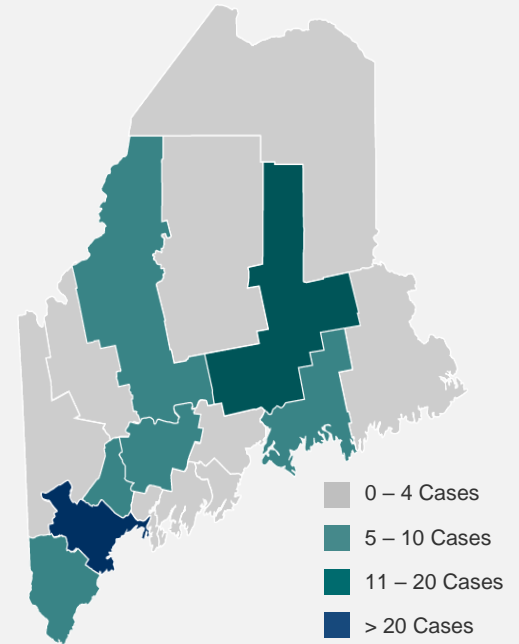


49% of cases were female  
51% of cases were male

Average age 9.7 years  
Median age 8 years  
Range 5 month-56 years

75% White, 19% Black, 4% Unknown, 1% Asian

## Geography:

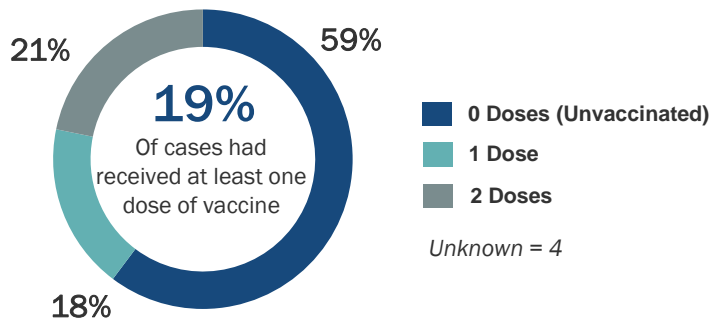


\*In 2019 Maine changed the way varicella cases are reported (requiring diagnosis by a health care provider), which led to a decrease in the number of probable varicella cases in the State.

## Age Characteristics

Age	# Cases	% Cases
0-4	29	31%
5-9	35	38%
10-14	11	12%
15-19	8	9%
20-34	7	8%
35-49	1	1%
50+	2	2%
<b>Total</b>	<b>93</b>	<b>100%</b>

## Varicella vaccination in patients < 19 years:



## Prevention:

- The best way to prevent varicella is to get the varicella vaccine
- Two doses of vaccine are 90% effective at preventing chickenpox

For more information visit:

[www.maine.gov/dhhs/varicella](http://www.maine.gov/dhhs/varicella)  
<https://www.cdc.gov/chickenpox/index.html>