



Varicella (Chicken Pox)

Maine Surveillance Report | 2020

Case Information:

33

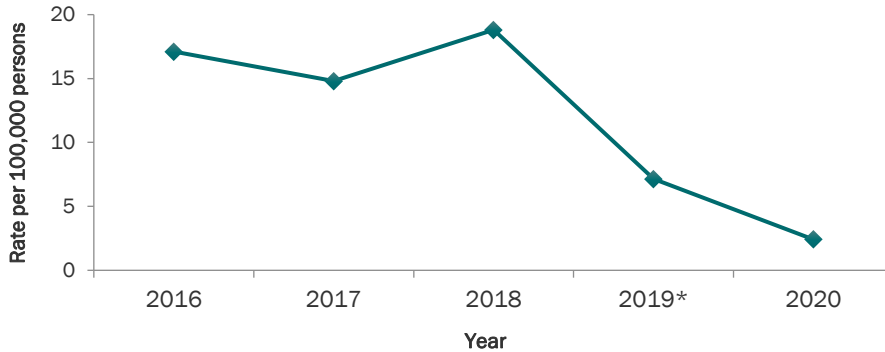
Patients diagnosed with varicella

2.42

Cases per 100,000 people

66%

decrease since 2019



*In 2019 Maine changed the way varicella cases are reported (requiring diagnosis by a health care provider), which led to a decrease in the number of probable varicella cases in the State.

Age Characteristics

Age	# Cases	% Cases
0-4	16	48%
5-9	5	15%
10-14	5	15%
15-19	2	6%
20-34	1	3%
35-49	3	9%
50+	1	3%
Total	33	100%

Demographics:

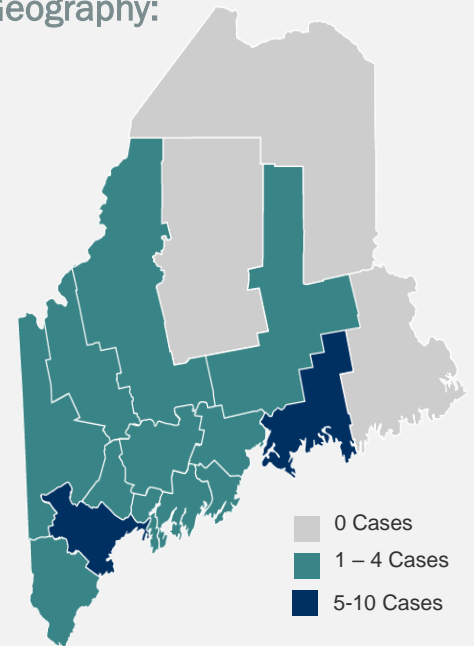


58% of cases were female
42% of cases were male

Average age 10.9 years
Median age 7 years
Range 6 month-53 years

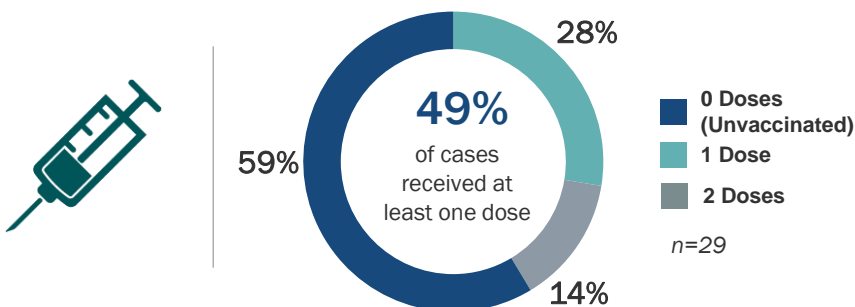
94% White, 6% Unknown

Geography:



There were cases in 13 of Maine's 16 counties.

Varicella vaccination in eligible patients < 25 years:



Prevention:

- Varicella is extremely contagious.
- **Vaccination is safer and more effective than natural exposure to chickenpox.**
- Two doses of vaccine are 90% effective at preventing chickenpox.

For more information visit:

www.maine.gov/dhhs/varicella
<https://www.cdc.gov/chickenpox/index.html>