

II. Hypercaloric Formulas for Preterm, Low Birth Weight and Failure to Thrive Infants

Preterm formulas are available in 20, 22 or 24 Calories per ounce formulations.

- Very low birth weight infants who are not breastfed or who need a formula supplement after discharge from the hospital may have a prescription for a preterm 24 calorie formula. **Intake should be monitored closely as fat-soluble vitamin intake can be excessive as intake increases.**
- **Hypercaloric premature formulas are not intended for feeding low-birth weight infants after they reach a certain weight (between 5.5 – 8 pounds, depending on formula). See indications for each formula below.**
- Transition preterm formulas are available in 22 Calories per ounce formulations. These formulas contain higher levels of protein and other nutrients, including calcium and phosphorus, for optimal growth and development. The AAP recommends use of transition preterm formulas until the infant reaches a postnatal age of 9 months.

Hypercaloric ready to feed 24 Calories per ounce formula is also available for term infants needing a higher concentration of calories. This form of formula may be requested if the prescriber has concluded there are concerns about the correct caloric concentration being mixed by the infant's caretaker.

All preterm and hypercaloric formulas must be prescribed by a licensed health care provider prior to issuance. According to WIC Federal Regulations (7 CFR, Part 246), monthly formula issuance amounts are based on infant age, feeding choice (partially breastfed or fully formula fed) and form of formula (powder, concentrate, ready to feed). Partially breastfed infants needing supplemental formula may receive a maximum of one can of powdered formula in the first thirty (30) days of life, and will have monthly issuance tailored according to individual need throughout the rest of the first year. WIC maximum formula issuance amounts for all infant age groups, feeding choices and forms of formula are included for each item listed.

For WIC participants who are enrolled in the MaineCare program: Preterm and low birth weight formulas may be provided by WIC up to the federal maximum issuance per month. Any medically necessary amounts needed over WIC's federal maximum will be provided by MaineCare.

If the infant is not enrolled in MaineCare, the Maine CDC WIC Nutrition Program will provide the formula in amounts not to exceed the federal maximum issuance per month.

Prescriptions for these formulas must include:

- **specific formula name**
- **diagnosis**
- **length of time the product is needed**
- **amount of formula prescribed per day**

Health care providers may use the **Maine CDC WIC Nutrition Program/MaineCare Request/Prior Authorization for Medical Formula/WIC-Eligible Nutritionals** form to obtain approval and prior authorization for MaineCare coverage. **This form must be sent to the WIC office first in order for MaineCare to approve coverage of the formula prescribed.**

NOTE: Formulas not included on this formulary may be authorized for issuance through WIC on a case-by-case basis.

Preterm and Low Birth Weight Formulas																								
Product Name	Description	Packaging	Energy	Maximum Monthly WIC Issuance Amounts																				
Enfamil® NeuroPro EnfaCare® (Mead Johnson Nutritionals)	Milk-based infant formula designed with extra nutrients for premature or low birth weight infants. Contains no known sources of gluten	Powder: 12.8 oz. cans, 6 cans/case Reconstitution: 87 fl. oz at standard dilution NDC: 00087-5122-08 Ready to Feed: 2 oz. nursettes, 48/case NDC: 00087-5122-03	22 Cal/fl. oz	<table border="1"> <thead> <tr> <th colspan="4">Non-breastfed infants</th> </tr> <tr> <th></th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>Powder: 12.8 oz.</td> <td>10 cans</td> <td>11 cans</td> <td>8 cans</td> </tr> <tr> <td>RTF (2 oz.)</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants					0-3 months	4-5 months	6-11 months	Powder: 12.8 oz.	10 cans	11 cans	8 cans	RTF (2 oz.)	416 nursettes	456 nursettes	321 nursettes				
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Similac® Expert Care™ NeoSure® (Abbott Nutrition)	Milk based, iron-fortified, nutritionally complete, post-discharge infant formula designed for babies who were born prematurely. Gluten-free Kosher Halal	Powder: 13.1 oz. cans, 6 cans/case Reconstitution: 87 fl. oz. at standard dilution NDC: 70074-0574-31 Ready to Feed liquid: 32 oz. bottles, 6 bottles/case NDC: 70074-0574-56	22 Cal/fl. oz	<table border="1"> <thead> <tr> <th colspan="4">Non-breastfed infants</th> </tr> <tr> <th></th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>Powder: 13.1 oz</td> <td>10 cans</td> <td>11 cans</td> <td>8 cans</td> </tr> <tr> <td>RTF: 32 oz</td> <td>26 bottles</td> <td>28 bottles</td> <td>20 bottles</td> </tr> <tr> <td>RTF: 2 oz</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants					0-3 months	4-5 months	6-11 months	Powder: 13.1 oz	10 cans	11 cans	8 cans	RTF: 32 oz	26 bottles	28 bottles	20 bottles	RTF: 2 oz	416 nursettes	456 nursettes	321 nursettes
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Similac® Special Care® 20 (Abbott Nutrition)	A 20 Cal/fl oz iron-fortified feeding for growing, low-birth-weight infants and premature infants. Kosher Halal Gluten-free	Ready to Feed: 2 fl. oz. nursettes; 48 nursettes/case NDC: <i>unavailable</i>	20 Cal/fl. oz	<table border="1"> <thead> <tr> <th colspan="4">Non-breastfed infants</th> </tr> <tr> <th></th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>RTF 2 oz.</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants					0-3 months	4-5 months	6-11 months	RTF 2 oz.	416 nursettes	456 nursettes	321 nursettes								
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Preterm and Low Birth Weight Formulas												
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Enfamil® Premature 20 with Iron (Mead Johnson Nutritionals)	Milk-based infant formula designed for premature or low birth weight infants Kosher Halal	Ready to Feed: 2 oz. nursettes; 48 nursettes/case NDC: 00087-5115-70	20 Cal/fl. oz	<table border="1"> <thead> <tr> <th>Non-breastfed infants</th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>RTF (2 oz.)</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants	0-3 months	4-5 months	6-11 months	RTF (2 oz.)	416 nursettes	456 nursettes	321 nursettes
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Enfamil Premature 24 Cal with Iron (Mead Johnson Nutritionals)	Milk-based, iron-fortified infant formula for premature or low-birth-weight infants. Kosher Halal	Ready to Feed: 2 fl. oz. nursettes; 48 nursettes/case NDC: 00087-5115-68	24 Cal/fl. oz	<table border="1"> <thead> <tr> <th>Non-breastfed infants</th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>RTF 2 oz.</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants	0-3 months	4-5 months	6-11 months	RTF 2 oz.	416 nursettes	456 nursettes	321 nursettes
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Similac® Special Care® 24 (Abbott Nutrition)	Milk-based, iron-fortified infant formula for premature or low-birth-weight infants. Kosher Halal Gluten-free	Ready to Feed: 2 fl. oz. nursettes; 48 nursettes/case NDC: 70074-0562-70	24 Cal/fl. oz	<table border="1"> <thead> <tr> <th>Non-breastfed infants</th> <th>0-3 months</th> <th>4-5 months</th> <th>6-11 months</th> </tr> </thead> <tbody> <tr> <td>RTF 2 oz.</td> <td>416 nursettes</td> <td>456 nursettes</td> <td>321 nursettes</td> </tr> </tbody> </table>	Non-breastfed infants	0-3 months	4-5 months	6-11 months	RTF 2 oz.	416 nursettes	456 nursettes	321 nursettes
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Hypercaloric Formulas for Term Infants							
Product Name	Description	Packaging	Energy	Maximum Monthly WIC Issuance Amounts			
Enfamil® 24 (Mead Johnson Nutritionals)	Milk-based, iron-fortified formula designed to provide a higher calorically dense product for term newborns	Ready to Feed: 2 fl.oz. nursettes; 48 nursettes/case NDC: 00087-5120-58	24 Cal/fl. oz	Non-breastfed infants			
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Similac® With Iron 24 (Abbott Nutrition)	24 Cal/fl oz, milk-based, iron-fortified formula for term infants needing an increased caloric-density feeding Gluten-free Halal Kosher	Ready to Feed: 2 fl.oz. nursettes; 48 nursettes/case NDC: unavailable	24 Cal/fl. oz	Non-breastfed infants			
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