

What Do We Do?

The YDPHC works to promote and protect the health of people and the communities where we live, learn, work, and play. The Council is made up of organizations contributing to our public health system in Maine. Member organizations strive to keep our district safe and healthy at all times.

Domestic Violence as a Matter of Public Health:

On March 5th, our full council gathered at YCCC to discuss the issue of domestic violence in York County. Julia Davidson with Caring Unlimited, Kelli Fox of UNE's School of Social Work, and Robert MacKenzie, the Kennebunk Chief of Police, shared what domestic violence is, reasons why it is a public health issue, the changes that social work and law enforcement agencies face to combat this violence in our communities and more. *If you hear something, say something. Contact your local authorities.*

**Caring Unlimited -
24hr hotline: 1-800-239-7298
Or visit: www.caring-unlimited.org**

York District Public Health Council (YDPHC) holds quarterly, public meetings focused on the health priorities of York County. The District Public Health Improvement Plan Priorities for 2017—2019 in York are:

Oral Health · Substance Abuse · Nutrition & Obesity

Upcoming projects surrounding these priorities include outreach to rural communities in our district as well as mapping resources to distribute up-to-date information easily.

We Love Our Local Partners!

York County Shelter Programs (YCSP) has been dedicated to assisting those in need in York County through shelter, food, and many other support programs. YCSP connects the homeless and needy persons/families to medical care, addiction help, job training, food pantry, community rehabilitation and outreach services.

YCSP also provides permanent housing and in-home case management for formerly homeless individuals and families. They own 38 properties that provide housing for over 200 people.

We are thrilled to know YCSP and their various programs throughout Southern Maine. Help us share the invaluable resource that is available to our community.

HOPE STARTS HERE :
York County Shelter Programs: 147 Shaker Hill Road | 24 George Road Alfred ME 04002 US
Phone: 207-324-1137 E-mail: info@ycspi.org



*"If you ever feel like you're just one person trying to change something, I promise there are hundreds, thousands, if not millions of people out there who feel the same way as you, who want to make a difference."
— Saira O'Mallie*

May is National Lyme Disease Awareness Month!

The YDPHC would like to remind you to:

- Wear light colored clothing with long sleeves shirts and pants. Tuck pants into shoes/socks for added protection.
- Do full body tick checks daily including in hair, ears, neck, underarm, groin, and behind the knees.
- Use EPA approved repellent.
- Inspect pets daily.
- Keep your lawn short.

For more information, please visit: Maine CDC - <http://www.maine.gov/dhhs/mecdc/infectious-disease/epi/vector-borne/lyme/>



Want to get involved?

**Join us Monday, June 11th, 12 — 1:30pm
at Nasson Health Care, 15 Oak St.
Springvale, ME for our public meeting:
"Medical and Recreational Marijuana:
Trends and Regulations"**

