

Cumberland County Food Assistance

Bridgton

Bridgton Food Pantry

Location: 214 Main Street, Bridgton, ME 04009

Days and Hours: Tuesdays 11:00 am - 6:00pm

Contact: Penni Robbins 207-318-4467

Brunswick

Mid Coast Hunger Prevention Program - Food Pantry

Location: 12 Tenney Way, Brunswick, ME 04011

Days and Hours: Tuesday 11:00 - 2:00 pm, Wednesday 4:00 - 6:00 pm, *Friday 11:00 - 2:00 pm, and Saturday 12:00 - 3:00 pm.*

Contact: Devyn Potter 207-725-2716 ext. 311

Brunswick

Midcoast Hunger Prevention Program - Soup Kitchen

Location: 12 Tenney Way, Brunswick, ME 04011

Days and Hours: Monday - Friday 11:00 -12:30 pm. *Saturday (to go) 12:00 - 1:30 pm*

Contact: Monica Helms 207-725-2716 ext. 304

Brunswick

Pathway Vineyard Brunswick

Location: 2 Columbus Dr, Brunswick, ME 04011

Days and Hours: Tuesday 3:00 - 5:30 pm

Contact: Jay Levesque 207-807-5524

Cape Elizabeth

Judy's Pantry

Location: United Methodist Church 280 Ocean House Road, Cape Elizabeth, ME 04107

Days and Hours: Jan. - June 2nd & 4th Tuesday, July - Nov. Every Tuesday, Dec. may vary depending on holidays 3:00 - 5:00 pm.

Contact: Nancy Miles 207-767-1031

Casco

Casco Alliance Church Food Pantry

Location: Casco Alliance Church, 7 Point Sebago Rd Casco, Me 04105, Casco, ME 04055

Days and Hours: Third Monday each month 6:00 - 7:00PM, First Saturday 10:00AM to 11:00AM

Contact: Judy Theberge 207-693-9601

Casco

Casco Village Church

Location: 941 Meadow Road, Casco, ME 04015

Days and Hours: 4th Thursday of the month 2:00 pm - 5:30 pm

Contact: Joanne Vail 207-627-4282

Cumberland

Community Food Pantry

Location: 290 Tuttle Road, Cumberland, ME 04029

Days and Hours: 1st, 2nd, and 4th Fridays 3:00 pm - 6:00 pm and by appointments

Contact: Bill Shane 207-232-5258

East Baldwin

First Congregational Church of East Baldwin Food Pantry

Location: 26 School Street, East Baldwin, ME 04024

Days and Hours: Tuesdays 9:30-10:30 am

Contact: Glenn Haines 207-625-2360

Falmouth

Falmouth Food Pantry

Location: 271 Falmouth Road (next to Town Hall), Falmouth, ME 04105

Days and Hours: Home Deliveries: Falmouth residents do not need a referral. Portland, Westbrook, Cumberland, and Yarmouth residents need a referral. Call for more information.

Contact: Carrie Penrose 207-632-2687 Dotty Blanchette 207-632-2687

Freeport

Freeport Community Services - Food Pantry

Location: 53 Depot Street, Freeport, ME 04032

Days and Hours: Monday - Thursday 10:00 - 4:00 pm.

Contact: Sarah Lundin 207-865-3985 ext 205 or ext 211 during food bank hours

Gorham

The Orchard Community Church Food Pantry

Location: 1 North Street, Gorham, ME 04038

Days and Hours: Wednesdays 6:30 - 8:00 pm and 9:30 am - 12 pm Saturdays

Contact: Kathy Morrell 207-650-4140

Gray

Gray Community Food Pantry

Location: 5 Brown Street, Gray, ME 04039

Days and Hours: 1st & 3rd Fridays 12:30 - 3:00 pm.

Contact: Donna Rand 207-671-4458

Harrison

Harrison Food Bank

Location: 176 Waterford rd, Harrison, ME 04040

Days and Hours: Tuesdays 1:30 pm to 6:30 pm

Contact: Sandy Swett 207-647-3384

Naples

CrossWalk Community Outreach

Location: 15 Village Green Lane, Naples, ME 04055

Days and Hours: Every other Monday 11:00 - 1:00 pm. (please call)

Contact: David Moore 615-3226

North Pownal

North Pownal United Methodist Food Pantry

Location: 857 Lawrence Road, North Pownal, ME 04069

Days and Hours: Wednesdays 9:30 - 10:30 am.

Contact: Tom Harlow 207-407-3081

Portland

Preble Street Resource Center

Location: 252 Oxford Street, Portland, ME 04101

Days and Hours: Thursday 1:30 - 3:00 pm.

Contact: Joe Conroy 207-775-0026 or 207-838-0488

Portland

First Baptist Church Food Pantry
Location: 360 Canco Road, Portland, ME 04103
Days and Hours: Wednesday 1:00 - 2:00 pm.
Contact: Karen Chagon 207-773-3123

Portland

Project FEED Food Pantry
Location: 202 Woodford Street, Portland, ME 04103
Days and Hours: Monday - Friday 1:00 -3:00 pm.
Contact: Delene Perley 207-761-3920

Portland

Salvation Army Food Pantry
Location: 297 Cumberland Avenue, Portland, ME 04101
Days and Hours: Mondays, Wednesdays & Fridays 1:00 - 2:30 pm.
Contact: Eric Twahirwa 207-774-4172

Portland

St. Vincent's Soup Kitchen
Location: 307 Congress Street, Portland, ME 04101
Days and Hours: Monday - Friday 11:00 - 12:30 pm.
Contact: Mary Merrigan 207-331-7966

Portland

Wayside Food Programs
Location: 135 Walton St.(warehouse only), Portland, ME 04101
Days and Hours: Times vary from site to site. Please contact the office for specific information.
Contact: Don Morrison 207-775-4939

Portland

Sacred Heart Food Pantry
Location: 80 Sherman Street, Portland, ME 04101
Days and Hours: Tuesdays 10:00 - 11:30 am.
Contact: Steve Foley 207-310-7729

Portland

White Memorial Seventh Day Adventist Church Food Pantry

Location: 97 Allen Avenue, Portland, ME 04103

Days and Hours: Wednesdays 4:30 to 6:00 pm

Contact: Sandy Bragdon 207-797-4414

Portland

St. Luke's Food Pantry

Location: 134 Park Street, Portland, ME 04101

Days and Hours: Thursdays 9:30 - 11:00 am

Contact: Lynne England 207-772-5434

Portland

Jewish Family Services

Location: 1342 Congress St., Portland, ME 04102

Days and Hours: Tuesday & Thursday 9:00 am - 5:00 pm

Contact: Karli Efron 207-772-1959

Portland

Stroudwater Food Pantry

Location: 1520 Westbrook Street, Portland, ME 04102

Days and Hours: Sundays 1:00 - 3:00 pm

Contact: Doug Horner 207-200-5985

Raymond

Raymond Food Pantry - Raymond Town Hall

Location: 1273 Roosevelt Trail, Raymond, ME 04071

Days and Hours: 2nd & 4th Thursdays 4:00 - 6:00 pm.

Contact: Elmer Young 207-232-5830

Scarborough

Scarborough Food Pantry

Location: 167 Black Point Road, Scarborough, ME 04074

Days and Hours: Tuesday and Thursday 9:00 - 12:00 pm.

Contact: Ellen Parenteau 207-883-1672

Sebago

Sebago Warming Hut

Location: 183 Sebago Road (Rt. 114), Sebago, ME 04029

Days and Hours: Mondays 9:30 am to 11 am

Contact: Liz Brown 207-787-5105

South Portland

South Portland Food Cupboard

Location: 130 Thadeus Drive, South Portland, ME 04106

Days and Hours: 1st Wednesdays 5-7 pm, Tuesdays 10:30-noon, Thursdays 8:30-11 am

Contact: Dwayne Hopkins 207-874-0379

Standish

Standish Food Pantry

Location: Standish Town Office, 175 Northeast Rd, Standish, ME 04084

Days and Hours: Wednesday 5:00 - 6:30 pm. *Also Monday 9:00 - 10:00*

Contact: Tim Goodwin 207-807-0772

Westbrook

Westbrook Food Pantry

Location: 426 Bridge Street (Westbrook Community Center), Westbrook, ME 04092

Days and Hours: Tuesdays 12:00 - 2:00 pm. & 6:00 - 7:30 pm.

Contact: Jeanne Rielly 207-591-8147

Westbrook

Vineyard Church of Greater Portland Food Pantry

Location: 715 Bridgton Road, Westbrook, ME 04092

Days and Hours: Fridays 6:00- 7:30 pm.

Contact: Deb Alonzo 207-450-7309

Windham

Windham Food Pantry

Location: 377 Gray Road, Windham, ME 04062

Days and Hours: Monday - Thursday by appointment

Contact: Colette Gagnon 207-892-1931

Yarmouth

Yarmouth First Congregation Food Pantry

Location: 116 Main Street, Yarmouth, ME 04096

Days and Hours: Tuesday and Friday 10:00 - 12:00 pm.

Contact: Nancy Gorden 207-420-1880