

# Fruit Smoothie

Breakfast

SERVING SIZE: 1 ½ Cups

NUMBER OF SERVINGS: 50

MEAL PATTERN CONTRIBUTION: 1 oz eq M/MA 1 Cup Fruit

## Ingredients and Instructions

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Yogurt

Fruit, IQF frozen, thawed

Vanilla, optional

12 Pounds 8 Ounces

3 Gallons 2 Cups

To Taste

1. Combine all ingredients in a large container
2. Using an immersion blender mix until smooth and creamy
3. Portion into cups for service