

## Knox County Food Assistance

### Camden

Camden Area Christian Food Pantry

**Location:** 128 Mt. Battie Street (Mailing PO Box 337), Camden, ME 04843

**Days and Hours:** Tuesday 8:00 - 11:00 am. and Thursday 4:00 - 6:00 pm.

**Contact:** Pauline Johnstone 207-236-3992

### Friendship

Friendship / Cushing Food Pantry

**Location:** 255 Town House Road, Friendship, ME 04547

**Days and Hours:** 2nd & 3rd Saturday of the Month 9:00 - 12:00 pm.

**Contact:** Karen Goodwill 207-345-0669

### Rockland

AIO Food and Energy Assistance (Area Interfaith Outreach)

**Location:** 70 Thomaston Street, Rockland, ME 04841

**Days and Hours:** Monday, Wednesday and Friday *Monday and Friday: 9:30 - 12:00 pm. Wednesday 10 am - 6 pm*

**Contact:** Joe Ryan 207-596-1043

### Rockland

St. Bernard's Parish Hall Soup Kitchen

**Location:** 150 Broadway Avenue, Rockland, ME 04841

**Days and Hours:** Monday - Friday 11:30 - 12:00 pm.

**Contact:** Rich Norman 207-691-6400

### Rockland

Salvation Army Food Pantry

**Location:** 27 Payne Avenue (Route 1), Rockland, ME 04841

**Days and Hours:** Tuesday & Thursday 9:00 - 3:00 pm.

**Contact:** LT Christian Smith 207-594-5326

### Rockport

Knox County Homeless Coalition

**Location:** 169 Old County rd, Rockport, ME 04586

**Days and Hours:****Contact:** Evelyn Donnelly 207-593-8151

## Thomaston

Thomaston Interchurch Fellowship Food Pantry

**Location:** 13 Valley St., Thomaston, ME 04862**Days and Hours:** Tuesday & Thursday 9:00 - 11:00 a.m.**Contact:** Roberta Carmichael 207-354-6004

## Union

Come Spring Food Pantry

**Location:** 27 Common Road, Union, ME 04862**Days and Hours:** 2nd & 4th Wednesday each month 9:00 - noon**Contact:** Lorain Francis 207-975-9149

## Vinalhaven

Vinalhaven Food Pantry

**Location:** 25 East Main St, Vinalhaven, ME 04863**Days and Hours:** Friday following 1st Thursday 1-3 pm**Contact:** Candy Barton 207-863-2001

## Warren

Bread for the Journey (Warren Food Pantry)

**Location:** 166 Main Street, Warren, ME 04864**Days and Hours:** Thursdays 9:00-11:00 am**Contact:** Delia Lufkin 207-273-2285

## Washington

Washington Food Pantry

**Location:** 33 Liberty Road, Washington, ME 04574**Days and Hours:** Wednesday following 1st Tuesday each month 8:00 - 10:00 am.**Contact:** Debra Vannah 207-409-9247