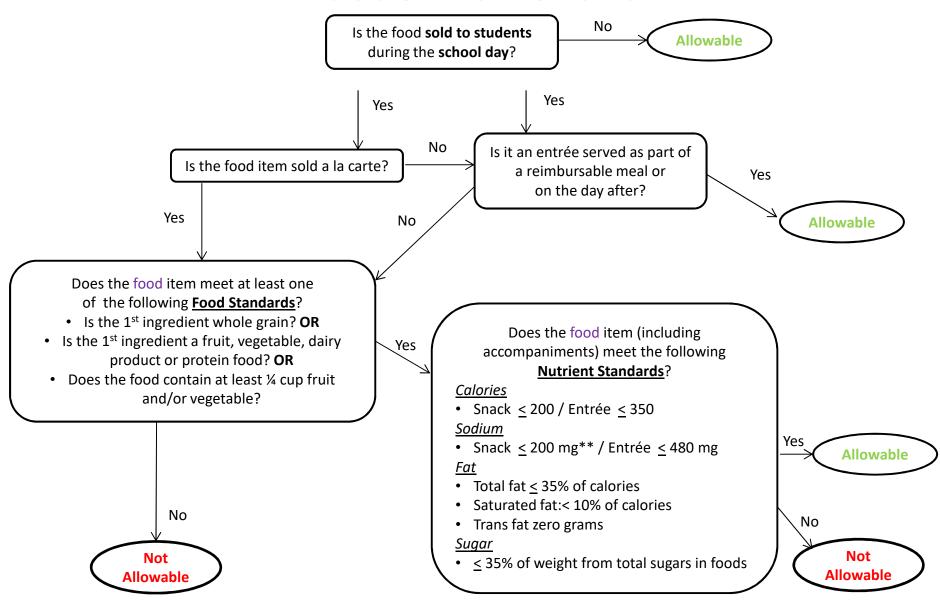
Smart Snacks in School Foods Flowchart



Smart Snacks in School Beverages Flowchart Start Here! Is the beverage sold to students No Not **Allowable** during the school day? Allowable No Yes Is the beverage sold classified as an Not "other flavored and/or carbonated **Allowable** Is the beverage sold one of the following: beverage" that contains: · Plain water? Nο ≤20 fl oz and - Unflavored low fat milk? No <5 cal/8 fl oz; or Is the beverage sold at a Yes Unflavored or flavored fat free milk High School? • ≤10 cal/20 fl oz? • 100% fruit or vegetable juice? OR • 100% fruit or vegetable juice diluted <12 fl oz and - with water and no added sweeteners? • ≤40 cal/8 fl oz; or • ≤60 cal/12 fl oz? Yes Yes Is the beverage sold at an Yes Is the beverage ≤8 fl oz (unless plain water)? **Elementary School?** Yes √ No No Not **Allowable** Is the beverage sold at a **Allowable** Middle School? Yes ↑ No Yes / No Is the beverage ≤12 fl oz (unless plain water)? Is the beverage sold at a Yes High School?

Adapted from CDE Office of School Nutrition