

Overnight Oats

Breakfast

SERVING SIZE: 2/3 Cup

NUMBER OF SERVINGS: 50

MEAL PATTERN CONTRIBUTION: 1 oz grain 1.25 oz m/ma .5 c. fruit

Ingredients and Instructions

Rolled Oats

3 Pounds 2 Ounces

Yogurt, vanilla

8 Quarts 3 Cups

Milk

8 ¾ Cups

Cinnamon

1 Tablespoon

Fruit

1 Gallon 1 Cup

- 1. Combine oats, yogurt, milk and cinnamon together**
- 2. Cover and refrigerate overnight**
- 3. Portion into containers using a #6 white handled disher or 2/3 c size servings and top with ½ cup fruit of your choice**