

PBIS

Tomorrow we will be reviewing referrals and our targeted recommendations around this topic. Remember, it's **OK** for everyone to be doing what makes sense in your district. IDEA was not designed to deal with school closures. Don't let yourself get overwhelmed by the information being shared.

Today's update comes from Ann Belanger, who joined a Zoom call with Courtney Angelosante, BCBA who works out of the University of Maine Farmington.

On that Zoom meeting, Courtney offered 4 tips to dealing with behaviors that may occur during home instruction.

1. Keep your expectations realistic – create reasonable expectations that you are willing to coach the child through.
 - a. There are three types of deficits that impact behavior:
 - i. Skill deficit – the student is unable to do what is being asked
 - ii. Performance deficit – the student is able to do what is being asked, but not consistently and might require coaching
 - iii. Fluency deficit – the student is able to consistently do what is being asked, but not at the rate that is expected.
2. Plan ahead/teach new behaviors – break down the task into steps and provide modeling and coaching
3. Clearly state your expectations in advance
4. Catch your child being good – and when giving positive feedback:
 - a. Be specific
 - b. Be timely
 - c. State the positive
 - d. Focus on their locus of control
 - e. Recognize effort

PBIS is offering some wonderful parent specific resources that will help families navigate this new normal. Share this link, [PBIS](#) widely to teachers and parents/guardians.