

## SAMPLE STUDENT HANDBOOK LANGUAGE

*This may be used, if desired, to notify all students and parents of the risk of concussions and the local school policy.*

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. [Signs and symptoms of concussion](#) may show up right after the injury or can take hours or days to fully appear. If your student reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away. {SAU} has a policy (*provide your link*) that states any student who has concussion symptoms and is referred to a health care provider must be evaluated by a health care provider licensed to diagnose a concussion before they can return to school, a graduated school reentry protocol (*provide your link*), and a gradual return to play protocol (*provide your link*) for concussion management. For more information on concussions you can go to: <https://www.cdc.gov/headsup/index.html>. By signing that I have read the student handbook, I am confirming that I understand that a concussion may occur from an injury in any setting. I have read the school policy and understand that there is a protocol in place for graduated school re-entry and a gradual return to play following a concussion and medical clearance.